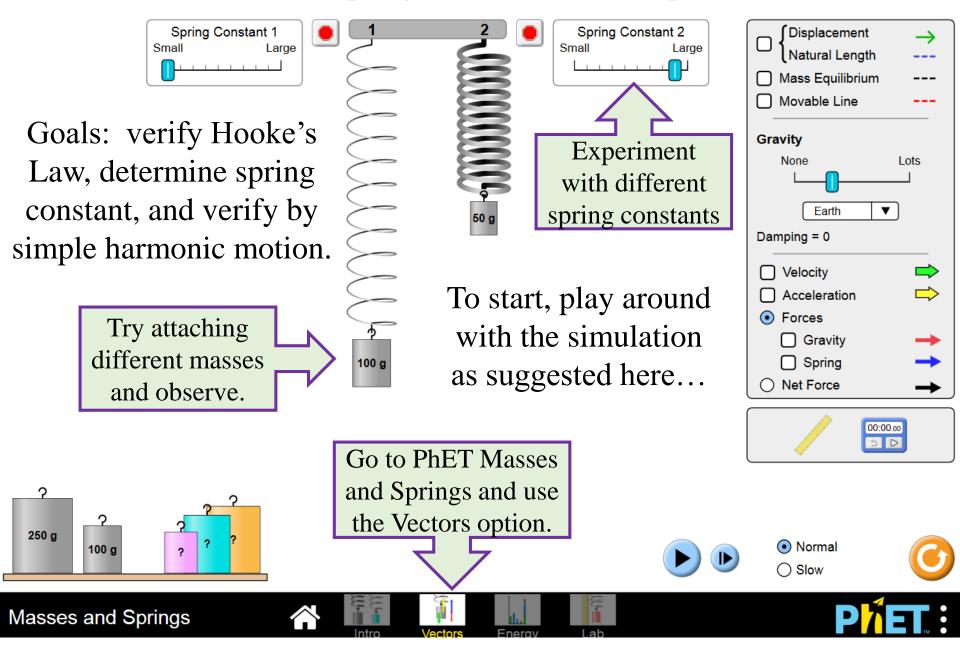
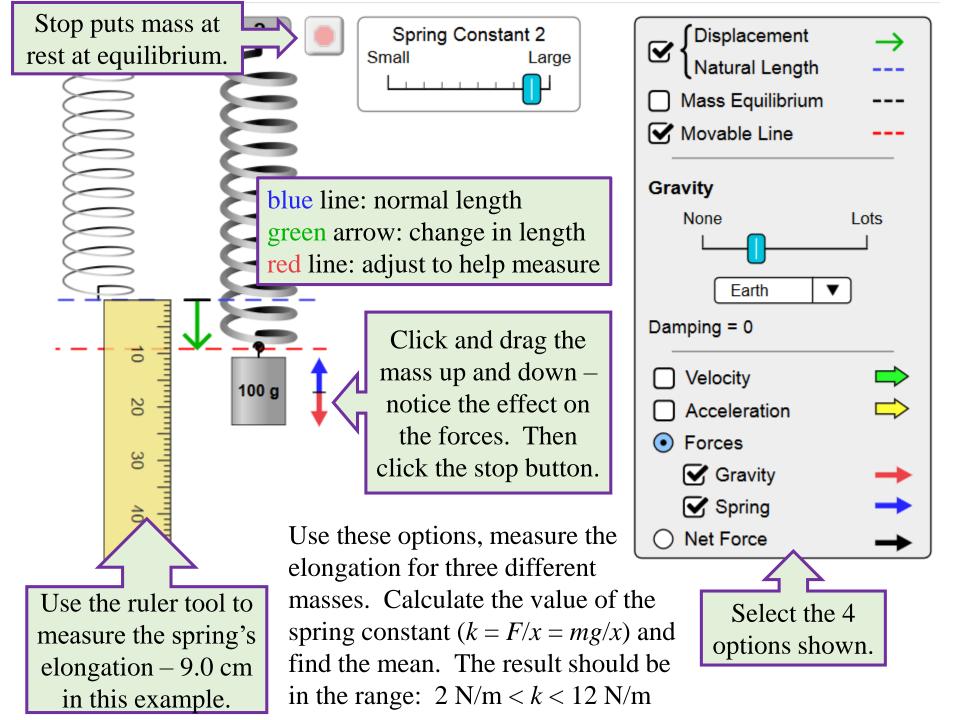
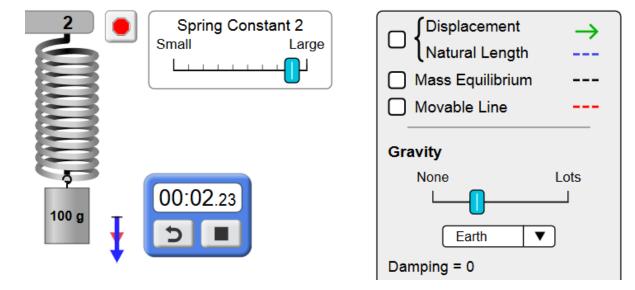
Virtual Lab – Mass on a Spring, Hooke's Law, Simple Harmonic Motion







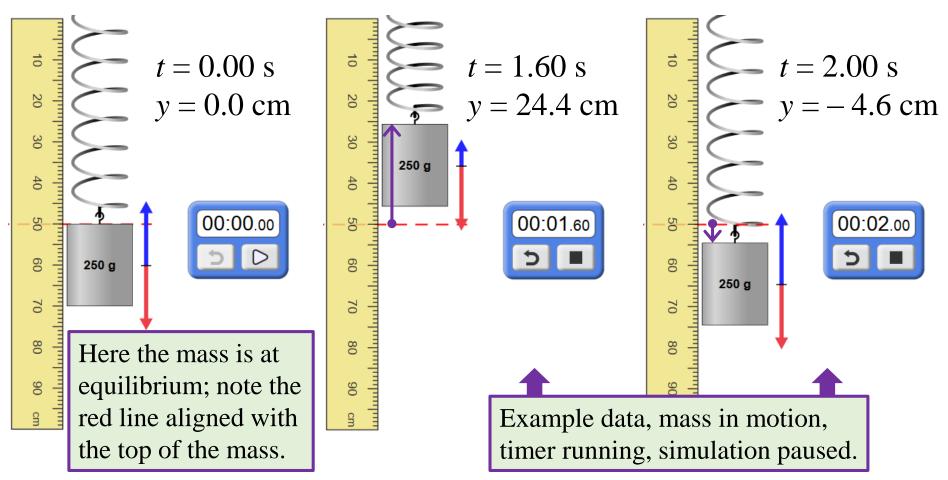
Now using the *same spring*, experiment with a mass oscillating up and down. Measure the period using the stopwatch tool – measure the time for 10 oscillations and divide the total time by 10. (Or you can pause and step through the animation.)

Determine *k* based on values of *m* and *T* using the equation: $T = 2\pi \sqrt{\frac{m}{k}}$ If all goes well it should match the previously determined value! Does it? You must allow for error in measurement.

Other things to try:

Repeat all or part of the experiment using gravity of a different world. If you choose the "Custom" setting you can also try zero gravity.

Determine one of the unknown masses by timing the period and solving for *m* and/or by measuring the elongation it causes and using F = kx. Check yourself by doing both!



Optional challenge: Use a setup similar to this to collect data needed to create a position vs time graph. You can pause and "step through" the simulation, recording the time and position at increments of 0.10 s. Then do a sinusoidal curve fit of this data using an equation of the form $y = A \sin(Bt + C)$. Determine the spring constant *k* using the coefficient *B* and the mass of the object, compare to previous results.